



2019 USA TRACK & FIELD GEORGIA
USATF ASSOCIATION JUNIOR OLYMPIC CHAMPIONSHIPS
June 20-23, 2019 at Westlake High School, Atlanta, GA

THURSDAY, June 20, 2019

Schedule of Events

COMBINED EVENTS:

9:00 AM 15-16(B)& 17-18(M) Decathlon-Day 1
100m Dash
Long Jump
Shot Put (12lb)
High Jump
400m Dash

10:00 AM 15-16(G) & 17-18(W) Heptathlon-Day 1
100m Hurdles (33")
High Jump
Shot Put (4kg)
200m Dash

11:00 PM 11-12(G) & 11-12(B) Pentathlon
80m Hurdles (30")
Shot Put (6lb)
High Jump
Long Jump
800m(G)/1500m(B) Run

12:00 PM 13-14(G) and 13-14(B) Pentathlon
100m Hurdles (G-30"/B-33")
Shot Put (G-6lb/B-4kg)
High Jump
Long Jump
800m(G)/1500m(B) Run

RUNNING EVENTS:

5:00 PM 800m Run Finals
All Age Divisions

Advancement to the finals in the 100,200,400, short hurdles, and long hurdles events shall be in accordance with Rule 303.1(h) in the Competition Rule Book. All starting blocks and relay batons are provided. Do not bring your own.

Age Divisions Guide:

7-8G	7-8 Year Old Girls
7-8B	7-8 Year Old Boys
9-10G	9-10 Year Old Girls
9-10B	9-10 Year Old Boys
11-12G	11-12 Year Old Girls
11-12B	11-12 Year Old Boys
13-14G	13-14 Year Old Girls
13-14B	13-14 Year Old Boys
15-16G	15-16 Year Old Girls
15-16B	15-16 Year Old Boys
17-18G	17-18 Year Old Women**
17-18M	17-18 Year Old Men**

Note: **17-18 athletes must still be 18 on July 31st, last day of the USATF Junior Olympic Championships.

Events can run up to 30 minutes ahead of schedule



FRIDAY, June 21, 2019

Schedule of Events

COMBINED EVENTS:

9:00 AM 15-16B & 17-18M Decathlon-Day 2
110m Hurdles (39")
Discus (1.6kg)
Javelin (800 G)
1500m Run
NO POLE VAULT

10:00 AM 15-16(G) & 17-18(W) Heptathlon-Day 2
Long Jump
Javelin (600g)
800m Run

11:00 AM 9-10(G)-9-10(B) Triathlon
Shot Put (6lb)
High Jump
200m Dash/400m Dash

RACEWALKS:

9:30AM 1500M Racewalk Finals
9-10(G/B), 11-12(G/B)
10:30 AM 3000M Racewalk Finals
13-14(G/B), 15-16(G/B), 17-18(M/W)

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RUNNING EVENTS:

4:00PM 2000m Steeplechase
5:00 PM 200m Dash Qualifying
All Age Divisions

FIELD EVENTS:

JAVELIN

2:00 PM 15-16(G), 17-18(W) (600g)
3:30 PM 15-16(B), 17-18(M) (800g)
5:00 PM 13-14 (G) 13-14(B – 600g);

LONG JUMP:

2:30 PM 7-8(G)– Pit #1, 7-8(B) – Pit #2
4:00 PM 9-10(G)– Pit #1, 9-10(B) – Pit #2

HAMMER THROW

Athletes must provide Hammers

5:00PM 15-16(G), 17-18(W) (4kg)
6:30PM 15-16(B), 17-18(M) (12lb)

Implements for the Throws:

Competitors may bring their personal implements for use in competition. Please have your implements inspected and weighed prior to competition at the appointed time and place. **If implements have not been approved, they will not be accepted in competition.**



Schedule of Events:

SATURDAY, June 22, 2019

RUNNING EVENTS:

8:00 AM	3000m Run Finals – 11-12(G/B), 13-14 (G/B), 15-16 (G/B), 17-18 (M/W)
9:45	Short Hurdle Qualifying 110m 15-16(B), 17-18(M) 100m 13-14(B), 15-16(G), 17-18(W) 100m 13-14(G) 80m 11-12(G)/11-12(B)
11:00 AM	400m Dash Qualifying All Age Divisions
1:00 PM	100m Dash Qualifying All Age Divisions
3:00PM	4 x 800M Relay 11-12 (G/B), 13-14 (G/B), 15-16 (G/B), 17-18 (M/W)
4:00 PM	Long Hurdle Qualifying 200m 13-14(G/B) 400m 15-16(G), 17-18(G) 400m 15-16(B), 17-18(M)
5:00 PM	4 x 100M Relay Finals All Divisions

FIELD EVENTS:

LONG JUMP

10:00 AM	11-12(G) – Pit #1, 11-12(B) – Pit #2
11:30 AM	13-14(G) – Pit #1, 13-14(B) – Pit #2
1:00 PM	15-16(G) – Pit #1, 15-16(B) – Pit #2
2:30 PM	17-18(W) – Pit #1, 17-18(M) – Pit #2

POLE VAULT- GALLOWAY ATHLETICS COMPLEX

**2400 Defoors Ferry Road, NW
Atlanta, Georgia 30318**

10:00AM	13-14(G)- Pit #2, 15-16(G)- Pit #1
11:30AM	13-14(B)- Pit #2, 15-16(B)- Pit #1
1:00PM	17-18(G)- Pit #2, 17-18(B)- Pit #1

FIELD EVENTS:

HIGH JUMP

9:00 AM	17-18(M)–Pit #2
9:00 AM	9-10(B)– Pit#1
11:00 AM	15-16(B)–Pit #2
11:00 AM	11-12(B)– Pit #1
1:00 PM	13-14(B)–Pit #2

SHOT PUT:

8:30 AM	7-8(B) – Ring #1 (6lb)
8:30 AM	17-18(M) – Ring #2 (12lb)
10:30 AM	13-14(B) – Ring #1 (4kg)
10:30 AM	15-16(B) – Ring #2 (12lb)
1:00PM	9-10(B) – Ring #1 (6lb)
2:00 PM	11-12(B) – Ring #2 (6lb)

DISCUS

9:00 AM	11-12(G) – (1kg)
10:30 AM	15-16(G) – (1kg)
12:00 PM	13-14(G) – (1kg)
1:30 PM	17-18(W) – (1kg)

MINI JAVELIN

9:00 AM	11-12(B) (450g)
10:30 AM	11-12(G) (450g)
12:00 PM	9-10(G) (300g)
1:30 PM	9-10(B) (300g)

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Schedule of Events:

SUNDAY, June 23, 2019

RUNNING EVENTS:

8:00 AM	1500m Run Finals (All Divisions)
10:00 AM	Short Hurdles Finals (All Divisions)
10:45 AM	100m Dash Finals (All Divisions)
12:00 PM	400 M Dash Finals (All Divisions)
1:45 PM	200m Hurdle Finals (All Divisions)
2:00 PM	400m Hurdle Finals (All Divisions)
2:15 PM	200 m Dash Finals (All Divisions)
3:30 PM	4 x 400M Relay Finals (All Divisions)

FIELD EVENTS:

DISCUS

9:00 AM	13-14(B) (1kg)
10:30 AM	17-18(M) (1.6kg)
12:00 PM	15-16(B) (1.6kg)
2:00 PM	11-12(B) (1kg)

HIGH JUMP

9:00 AM	17-18(W) – Pit #2
9:00 AM	9-10(G) – Pit #1
11:00AM	15-16(G) – Pit#2
11:30 AM	11-12(G) – Pit #1
1:00 PM	13-14(G) – Pit #2

SHOT PUT

8:30 AM	17-18(W) – Pit #1 (4kg)
8:30 AM	7-8(G) – Pit #2 (6lb)
10:30 AM	9-10(G) – Pit #2 (6lb)
10:30 AM	13-14(G) – Pit #1 (6lb)
12:30 PM	15-16(G) – Pit #1 (4kg)
1:00 PM	11-12(G) – Pit #2 (6lb)

MINI JAVELIN

9:30 AM	7-8(G) (300g)
11:30 AM	7-8(B) (300g)

TRIPLE JUMP

9:00 AM	13-14(G) – Pit #1
	13-14(B) – Pit #2
11:00 AM	15-16(G) – Pit #1
	15-16(B) – Pit #2
1:00 PM	17-18(W) – Pit #1
	17-18(M) – Pit #2

Events can run up to 30 minutes ahead of schedule